

**Monique Meadows, MSOD**

*(She/Her/Hers)*

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As an organizational midwife with over 20 years of experience, I organically weave the wisdom of earth-based traditions with sound organizational change theory to create holistic transformation for individuals and organizations. My love for the natural world is integrated into all that I do and I invite you to tap into your inner knowing as we transform and expand in ways that are electrifying, unpredictable and imperative. This transformation births healing and deeper connections for clients. At the core, my work is as a healer and I am honored when I am invited to be of service to clients.

I approach each client knowing that a fascinating, and often hidden, narrative shapes how the client functions. I ask questions, timed thoughtfully and provocatively, which move client-partners to their next level of excellence. I partner with leaders, helping them to develop self-care and resiliency practices. Once grounded and anchored in their power, I move clients to the next stage of development to set meaningful and attainable goals and create conditions for collaboration and success. Our collaboration increases the emotional and social intelligence of the team and individual - the most important factors in creating vibrant, productive, and sustainable systems. In short, relationships matter.

As an architect of relationships, I work to fortify the core of the organization and align organizational missions with resources and outcomes. As a fundraising and organization development professional, I have successfully authored multi-million-dollar grants, directed multi-year strategic planning processes, and worked with leadership teams to resolve longstanding conflicts. I am a featured activist in *The Spirit of Social Change: Love, Hope, Faith and Joy in Intersectional Activism* and published author in *Spirited: Affirming the Soul and the Black Gay/Lesbian Identity*. I earned a Master's degree in Organization Development from American University in Washington, D.C., where I was awarded a Segal-Seashore Fellowship for my commitment to social justice. Building on my womanist and spiritual values, I secured a certificate from the Hartford Seminary in Women's Leadership. Finally, and most significantly, I am a lifelong student of energy healing, channeling and a Reiki Master.